# Toyo Study Abroad Program Fact Sheet for 2026 Spring Enrollment (Paid)

# **Eligibility** Eligibility Students who are enrolled in our partner universities and were nominated by their home institution, ISEP Direct, UMAP Program B, CIS Abroad and Knowledge Exchange Institute (KEI) students. Students who are enrolled at their home institution for the entire period of study at Toyo University. If the applicant has studied at Toyo University in the past, the total study period at Toyo must not exceed one year (including both previous and upcoming semesters at Toyo). Students whose GPA is 2.5/4.0 or higher [Partner U/KEI], GPA3.0/4.0 or higher [ISEP Direct/UMAP/CIS Abroad]. -Applicants must be able to read and write Japanese hiragana and katakana at the time of application. Students who have a Japanese Language Proficiency Test (JLPT) score of N3 or higher or the equivalent of CEFR B2 or higher in English or who come from a university where the language of instruction is Japanese or English. \*We can accept the following English scores. Cambridge Examination 160 or higher Eiken Pre-1 or 1 **GTEC Advanced** 1190 or higher **GTEC CBT** 1190 or higher 5.5 or higher **IELTS TEAP** 309 or higher **TEAP CBT** 600 or higher **TOEFL iBT** 72 or higher TOEIC L&R+TOEIC S&W 1530 or higher \*Please calculate as follows. Formula: TOEIC L&R score+(TOEIC S&W score\*2.5) e.g. TOEIC L&R 800, TOEIC S&W 300 →800+(300\*2.5)=1550 \*Students who don't have a Japanese or English language proficiency test score are required to submit an "English-Language Ability Certificate". Students can access the certificate on our website and the Toyo University Study Abroad Registration System. \*If your home university mostly offers courses in English, you don't need to submit proof of your English language ability. Application fee Partner university One semester One academic year Payment due **Tuition** and UMAP students: Application fee 10,000 JPY 10,000 JPY At the time of application

\*Application fee is non-refundable. Tuition refund for cancellation of study abroad program depends on the time of cancellation (see below).

1,080,000 JPY

About the time of your arrival

540,000 JPY

Tuition

\* In the unlikely event that there is a change in tuition fees, we will let you know as

| soon as possible.                             |                                        |  |  |
|-----------------------------------------------|----------------------------------------|--|--|
| Time of cancellation                          | Impact on tuition payment              |  |  |
| Before the starting date of the study         | Full refund                            |  |  |
| abroad program                                |                                        |  |  |
| After the starting date of the one-semester   | No refund                              |  |  |
| study abroad program                          |                                        |  |  |
| After the starting date of the first semester | No refund for first semester tuition;  |  |  |
| of a two-semester study abroad program        | full refund of second semester tuition |  |  |
| After the starting date of the second         | No refund                              |  |  |
| semester of a two-semester study abroad       |                                        |  |  |
| program                                       |                                        |  |  |

**ISEP Direct, UMAP B, CIS Abroad and KEI students:** Please pay the necessary fees to the respective organization by the deadline.

# Important considerations

**Support system** - If you need special support or accommodations because of any sort of disability (learning or otherwise), please consult with us early in the application process. A letter from your physician and an accommodation letter from your home university will be required. We will contact you to confirm your situation and determine what kind of support we can provide. We will do our best to accommodate the request. However, please understand that depending on the situation we may not be able to fulfill all requests.

**Affiliated faculty** - During your study abroad program, you will be assigned to a faculty at Toyo that may not necessarily match the faculty/department of your home university. The faculty with which you are affiliated has no bearing on the courses you take while at Toyo.

**Academic level** - Graduate students who participate in the study abroad program at Toyo are regarded as undergraduate students; however, graduate students who satisfy certain conditions may take some graduate level coursework.

Change of period of study – After you have submitted your online application, it is not possible to change your period of study (from one semester to one year, or from one year to one semester).

**Course list** – Not all Toyo courses are available for study abroad students. Study abroad students choose courses from the list of courses for study abroad students at Toyo. The course list will be available about one month before the semester starts.

**After the exchange program** – You need to return to your country within about two weeks after your program ends. You cannot join an internship/other activities in Japan after your exchange period. because the visa for your stay in Japan is for the purpose of exchange studies.

## **Classes**

| Academic      | The academic ye                                                                                                | ear of  | Toyo Unive    | rsity is divide | d into two | semesters                 | s (spring seme    | ster |
|---------------|----------------------------------------------------------------------------------------------------------------|---------|---------------|-----------------|------------|---------------------------|-------------------|------|
| calendar      | and autumn semester) and four quarters (1 <sup>st</sup> quarter – 4 <sup>th</sup> quarter). The dates are from |         |               |                 |            |                           |                   |      |
| (provisional) | the 2025 academic calendar. We will notify you about the 2026 dates once the 2026                              |         |               |                 |            |                           |                   |      |
|               | academic calendar has been confirmed.                                                                          |         |               | 1               |            |                           |                   |      |
|               | Semester                                                                                                       |         | Spring sen    | nester          |            | Autumn sen                | nester            |      |
|               | Quarter                                                                                                        |         | 1             | 2               | (          | 3                         | 4                 |      |
|               | Term of                                                                                                        | Ар      | ril 9 –       | June 11 –       | Sept.      | 19 –                      | Nov.21-           |      |
|               | classes                                                                                                        | Ju      | ne 10         | August 5        | Nov        | <i>ı</i> .20              | Jan.31            |      |
|               | Vacation                                                                                                       |         | April 28 – I  | Лау 3 <u>;</u>  | Oct.       | 31 – Nov. 6               | ; Dec. 23 –       |      |
|               | period                                                                                                         |         | August 6 – S  | Sept.18         | Jan.3;     | Jan 12; Jan               | 16-17; Feb. 1     |      |
|               |                                                                                                                |         |               |                 |            | <ul><li>– March</li></ul> | 31                |      |
|               | Examinations will                                                                                              | be he   | eld during th | e term of cla   | sses.      |                           |                   |      |
| Credit system | One credit is awa                                                                                              | rded f  | or 45 hours   | of coursewo     | rk includ  | ing classes               | and self-learn    | ing. |
|               | Of these 45 hour                                                                                               | s, clas | sses accou    | nt for 15 hou   | rs for led | tures/semi                | nars, 30 hours    | for  |
|               | foreign language                                                                                               | cours   | es, and 45 l  | nours for exp   | eriments   | /exercises/               | practices.        |      |
|               | ∗45 minutes is c                                                                                               | alcula  | ted as 1 ho   | ur, so a 90-m   | inute cla  | ss is calcul              | ated as 2 hour    | S.   |
|               |                                                                                                                |         |               |                 |            |                           |                   |      |
|               | Class, course,                                                                                                 | etc.    | Number of     | Number of       | class      | Learr                     | ning hours        |      |
|               |                                                                                                                |         | credits       | sessio          | ns         | Class                     | Preparation       |      |
|               |                                                                                                                |         |               | (per seme       | ester)     | hours                     | and review        |      |
|               | Lecture, seminar                                                                                               |         | 2             | 15              |            | 30 hours                  | 60 hours          |      |
|               | Foreign language                                                                                               | Э       | 1             | 15              |            | 30 hours                  | 60 hours          |      |
|               | Experiment/exe                                                                                                 | rcise   | 1             | 15              |            | 45 hours                  | 0 hour            |      |
|               | /practice                                                                                                      |         |               |                 |            |                           |                   |      |
|               | * The courses of                                                                                               | of NES  | ST (Integra   | ted Japanes     | e, etc.) a | and LEAP                  | (IELTS for St     | udy  |
|               | Abroad, etc.) are                                                                                              | each    | worth 2 or 4  | credits.        |            |                           |                   |      |
| Number of     | To maintain visa                                                                                               | statu   | s as a colle  | ege student     | in Japan   | , study abr               | road students     | are  |
| courses to be | required to take                                                                                               |         |               | •               |            | work) per v               | week. There is    | s no |
| taken         | upper limit to the                                                                                             | numb    | er of course  | s students c    | an take.   |                           |                   |      |
| Consultation  | Students can cor                                                                                               |         |               |                 |            | 0 0                       |                   | •    |
| for courses   | program regardin                                                                                               |         |               |                 |            |                           | -                 |      |
| Courses       | The courses you                                                                                                | are eli | igible to tak | 1               | •          |                           | ability as follow | /S.  |
| available for | Courses  General acaden                                                                                        |         |               | Requireme       |            | Notes                     | ır exchange       |      |
| study abroad  |                                                                                                                |         |               | (or the equ     |            | 1                         | akes some NE      | ST   |
| students      | (Taught in Japa                                                                                                | mese)   | )             | (0. 1.10 040    | .va.o,     |                           | and/or reaches    |      |
|               |                                                                                                                |         |               |                 |            | JLPT N2                   | level at the en   | d    |
|               |                                                                                                                |         |               |                 |            |                           | semester,         |      |
|               |                                                                                                                |         |               |                 |            |                           | an take these     |      |
|               |                                                                                                                |         |               |                 |            | courses i                 |                   |      |
|               | General acaden                                                                                                 | nic co  | ureee*        |                 |            | 1                         | me university     |      |
|               | (Taught in Engl                                                                                                |         | u1363         | English pro     | _          | _                         | fers courses in   | 1    |
|               |                                                                                                                | 1311)   |               | of CEFR B above | ∠ or       | _                         | ou can take       |      |
|               |                                                                                                                |         |               | or the equ      | ivalent)   |                           | urses without     |      |
|               |                                                                                                                |         |               | (or the equ     | 17410111)  | meeting a                 | any additional    |      |

|         |                                                     |                          | requirements.                            |
|---------|-----------------------------------------------------|--------------------------|------------------------------------------|
|         | Japanese (NEST Courses)                             |                          | *Students who have JLPT                  |
|         | ·Integrated Japanese Theory                         | Mastery of               | N2 or above cannot take                  |
|         | ·Integrated Japanese Practice                       | Hiragana and<br>Katakana | NEST courses. If a student would like to |
|         | · Japanese Listening                                | ratanana                 | take a NEST course,                      |
|         | · Japanese Reading                                  |                          | he/she needs permission                  |
|         | · Japanese Speaking                                 |                          | from the Instructor in                   |
|         | · Japanese Writing                                  |                          | charge of the course.                    |
|         | · Japanese Culture and Society A/B                  |                          |                                          |
|         | ·Introduction to Japanology A/B                     |                          |                                          |
|         | Regular Japanese language /Japanese culture courses |                          | If a 1-year exchange                     |
|         | · Japanese IA/IIA                                   |                          | student passes some                      |
|         | · Japanese IB/IIB                                   |                          | NEST courses and/or                      |
|         | ·Japanese Language and Society                      | JLPT N2 or above         | reaches JLPT N2 level at                 |
|         | A/B                                                 | (or the equivalent)      | the end of the 1st                       |
|         | ·Japanese Language and Culture A/B                  |                          | semester, he/she can                     |
|         | · Japan Studies A/B                                 |                          | take these courses in the                |
|         |                                                     |                          | 2nd semester.                            |
| Courses |                                                     | Outline                  |                                          |

General academic courses (provisional) \*What are general academic courses:

General academic courses are courses which are offered to the study abroad students by the Faculties of Letters, Economics, Business Administration, Law, Sociology, Regional Development Studies, Global and Regional Studies and International Tourism Management

Study abroad students choose courses from the course list for study abroad students. Note: Not all Toyo courses are available for study abroad students. For your reference, please click the link below to see course lists from past semesters and confirm what you can study during your study abroad period. Most science and computer science courses will not be available to study abroad students.

https://www.toyo.ac.jp/academics/internationalexchange/prospective/exchange program/#epanc07

# Grading criteria /Awarding of Credits

| Criteria for performance appraisal | Pass/Fail | Grade | Range of grade points | Criteria                                                             |
|------------------------------------|-----------|-------|-----------------------|----------------------------------------------------------------------|
|                                    |           | S     | 100 - 90              | Sufficiently reached the attainment target with outstanding results. |
|                                    | Pass      | Α     | 89 - 80               | Sufficiently reached the attainment target.                          |
|                                    |           | В     | 79 - 70               | Reached the attainment target.                                       |
|                                    |           | С     | 69 - 60               | Barely reached the attainment target.                                |
|                                    | Fail      | D     | 59 - 40               | Some evaluation items have not reached                               |

|                                                                                                                          |              |                                                                                    |                                                                          | attainment target.                               |  |
|--------------------------------------------------------------------------------------------------------------------------|--------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------------|--|
|                                                                                                                          |              | Е                                                                                  | 39 or lower                                                              | All or most of the evaluation items have not     |  |
|                                                                                                                          |              | L                                                                                  | 39 Of lower                                                              | reached attainment target.                       |  |
|                                                                                                                          |              |                                                                                    | Not                                                                      | Appraisal requirements such as attendance,       |  |
|                                                                                                                          |              | *                                                                                  | sufficient for                                                           | examination, and report submission are not       |  |
|                                                                                                                          |              |                                                                                    | appraisal                                                                | sufficient for appraisal.                        |  |
|                                                                                                                          | You will rec | eive a grad                                                                        | de for each cou                                                          | rse for which you are registered.                |  |
|                                                                                                                          | If you do no | ot meet the                                                                        | e appraisal req                                                          | uirements, your performance record for the class |  |
|                                                                                                                          | will be stam | nped with "                                                                        | *"(Not sufficient                                                        | for appraisal.)                                  |  |
| Awarding of                                                                                                              | Credits can  | only be av                                                                         | warded for cour                                                          | ses for which students received "Pass" results.  |  |
| Credits                                                                                                                  |              |                                                                                    |                                                                          |                                                  |  |
| Academic                                                                                                                 | A PDF copy   | PDF copy of your Toyo University academic transcript (PDF) at Toyo University will |                                                                          |                                                  |  |
| transcript                                                                                                               | be forward   | ed to your                                                                         | to your home institute by email or by postal mail after you complete the |                                                  |  |
|                                                                                                                          | study abroa  | ad program                                                                         | n. (About one a                                                          | nd a half months after completion.)              |  |
| Campuses <a href="https://www.toyo.ac.jp/about/introducing/access/">https://www.toyo.ac.jp/about/introducing/access/</a> |              |                                                                                    | ing/access/                                                              |                                                  |  |
| Campus where                                                                                                             | Campus       | ;                                                                                  |                                                                          | Faculty                                          |  |
| study abroad program is                                                                                                  |              |                                                                                    |                                                                          |                                                  |  |
| offered.                                                                                                                 |              |                                                                                    |                                                                          |                                                  |  |
| 0                                                                                                                        | Hakusan      | Letters                                                                            | s, Economics, E                                                          | Business Administration, Law, Sociology, Global  |  |
|                                                                                                                          |              | and Re                                                                             | egional Studies                                                          | , and International Tourism Management           |  |
| Not offered                                                                                                              | Akabane-     | Inform                                                                             | ation Networkir                                                          | ng for Innovation and Design,                    |  |
|                                                                                                                          | dai          | Design                                                                             | n for Welfare So                                                         | ociety, Health and Sports Sciences               |  |
|                                                                                                                          |              |                                                                                    |                                                                          |                                                  |  |
|                                                                                                                          | Kawagoe      | Scienc                                                                             | e and Enginee                                                            | ring/ Information Sciences and Arts              |  |
|                                                                                                                          | Asaka        | Life Sc                                                                            | ciences/ Food a                                                          | nd Nutritional Sciences                          |  |

| Housing      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Introduction | You can stay at the Toyo University dormitory Akabanedai International House ("Al-House HUB-4") or Kokusai Kaikan /International House(I-House). The details of the application will be announced in November. If the number of requests for the Al-House/I-House exceeds the number of spots available, a lottery will be held to determine placements.  *ISEP, CIS Abroad and KEI students are required to live in the Al-House HUB-4. It is also possible to stay in other student accommodations, general rental properties, with relatives, etc. Conditions vary from facility to facility, so please be sure to check prospective accommodations carefully. Reference for general rental properties: |
|              | TUGS Housing: <a href="https://www.tugs.co.jp/information/housing-for-students/">https://www.tugs.co.jp/information/housing-for-students/</a> Uninest Hakusan: <a href="https://unineststudents.jp/en/locations/tokyo/hakusan-house/">https://unineststudents.jp/en/locations/tokyo/hakusan-house/</a> Nasic: <a href="http://749.jp/">http://749.jp/</a> SAKURA HOUSE: <a href="http://www.sakura-house.com/en">http://www.sakura-house.com/en</a> You need to complete the following ward office procedures within 2 weeks after arrival.                                                                                                                                                                |

|                | 1) Register as a resident of your ward              |                                                 |  |  |
|----------------|-----------------------------------------------------|-------------------------------------------------|--|--|
|                | 2) Enroll in Japan's National Health Insurance plan |                                                 |  |  |
|                | 3) Apply for tax exemption                          |                                                 |  |  |
|                |                                                     |                                                 |  |  |
|                | -For students who live in the Al-House F            | lUB-4 or Kokusai Kaikan/I-House                 |  |  |
|                | International Affairs Office staff will help        | you complete the above procedures.              |  |  |
|                | -For students who live in Bunkyo ward o             | r Kita ward, but NOT in Toyo University housing |  |  |
|                | International Affairs Office staff will help        | you complete the above procedures. Students     |  |  |
|                | who live in other wards are asked to co             | omplete the procedures themselves within two    |  |  |
|                | weeks after arrival.                                |                                                 |  |  |
|                | *If you come to Japan other than on t               | the arrival dates which are specified by Toyo   |  |  |
|                | University, our International Affairs Of            | ffice staff will not help you with the above    |  |  |
|                | procedures. Please kindly complete the              | e ward office procedures by yourself within 2   |  |  |
|                | weeks after arrival.                                |                                                 |  |  |
|                | -For students who live in areas other tha           | an Bunkyo ward or Kita ward                     |  |  |
|                | Please kindly complete the ward office p            | procedures by yourself.                         |  |  |
|                | * All information above is subject to chai          | nge.                                            |  |  |
| Facility       | Al-House HUB-4                                      | Kokusai Kaikan/International House              |  |  |
|                |                                                     | (I-House)                                       |  |  |
| Arrangement    | Details provided aft                                | er application submission                       |  |  |
| Address        | 〒115-0053 Akabanedai 1-7-37, Kita-                  | 〒113-0022 3-2-4 Sendagi, Bunkyo-ku,             |  |  |
|                | ku, Tokyo                                           | Tokyo(15 minutes on foot from Hakusan           |  |  |
|                | (35-minute commute (15 minutes by                   | Campus)                                         |  |  |
|                | train plus 17minutes walking) from                  |                                                 |  |  |
|                | Hakusan Campus, on Akabanedai                       |                                                 |  |  |
|                | Campus)                                             |                                                 |  |  |
| Period of Stay | Partner un                                          | iversity students                               |  |  |
|                | March 23, 2026 through                              | n August 8, 2026 (1 semester)                   |  |  |
|                | March 23, 2026 throug                               | h February 10, 2027 (1 year)                    |  |  |
|                |                                                     |                                                 |  |  |
|                | *ISEP/CIS Abroad/KEI students:                      |                                                 |  |  |
|                | March 23, 2026 through August 8, 2026 (1 semester)  |                                                 |  |  |
|                | March 23, 2026 through February 10, 2027 (1 year)   |                                                 |  |  |
|                | * Please note that you cannot mo                    | ve-in before the above designated date.         |  |  |
|                | Please note the above deadlines fo                  | r leaving dormitory are subject to change.      |  |  |
| Rent and room  | 98,500JPY/month                                     | ►Single-occupancy bedroom                       |  |  |
| type           | Breakdown:                                          | 83, <u>500JPY/month</u>                         |  |  |
|                | Rent 96,000JPY/month                                | Breakdown:                                      |  |  |
|                | Bedding rental 2,500 JPY/month                      | Rent 81,000JPY/month                            |  |  |
|                | All rooms are singles. There are                    | Bedding rental 2,500 JPY/month                  |  |  |
|                | shared spaces for kitchens, showers,                |                                                 |  |  |
|                | and toilets.                                        | ▶Double-occupancy bedroom                       |  |  |
|                | Breakfast and dinner on weekdays                    | 53, <u>500JPY/month</u>                         |  |  |
|                | (during periods when classes are in                 | Breakdown:                                      |  |  |
|                | session), electricity, water, heat, and             | Rent 51,000JPY/month                            |  |  |

|                   | internet are included in the housing        | Bedding rental 2,500 JPY/month                    |
|-------------------|---------------------------------------------|---------------------------------------------------|
|                   | fee.                                        |                                                   |
|                   | If you make excessive use of utilities,     | Even if you are placed in a single-occupancy      |
|                   | you may have to pay a separate              | bedroom, living, kitchen, bathroom and            |
|                   | overuse fee.                                | toilets are shared space.                         |
|                   |                                             | If you wish to have a completely private unit     |
|                   |                                             | for health or other reasons, please consult       |
|                   |                                             | with us in advance.                               |
|                   |                                             | Depending on availability, you may not be         |
|                   |                                             | assigned the room you want.                       |
|                   |                                             | Electricity, water, heat, and internet are        |
|                   |                                             | included in the housing fee. If you make          |
|                   |                                             | excessive use of utilities, you may have to       |
|                   |                                             | pay a separate overuse fee.                       |
| Payment           | After arriving in Japan, you will be requir | ,                                                 |
| method            | convenience store every month. First yo     |                                                   |
|                   | The bill will be delivered to the dormitory |                                                   |
|                   |                                             |                                                   |
|                   |                                             |                                                   |
|                   |                                             |                                                   |
|                   |                                             |                                                   |
| Facility/equipm   | ○Refrigerator ○Air-conditioner ○Desk        | ∘Bath ∘Toilet ∘Washstand ∘ Hot water              |
| ent               | ○Chairs ○Curtains ○Closet ○WIFI             | supply equipment ∘Refrigerator ∘Kitchen           |
|                   | │<br>│ ○Bed                                 | ○Oven ○Microwave ○Air conditioner                 |
|                   |                                             | ○Washing machine ○ Dryer ○TV ○Bed                 |
|                   | *You need to pay for <u>benting rental.</u> | ○Bedding ○ Desk ○Chairs ○Curtains ○Closet         |
|                   | .,                                          | ∘Table (except for studio style units) ∘ WIFI     |
|                   |                                             | *You need to pay for <u>bedding rental.</u>       |
| Common            | ○Lobby ○Cafeteria ○Shared kitchen           | ○Lobby ○ Multipurpose room                        |
| facilities        | Shower room                                 |                                                   |
|                   | ○Toilet ○Laundry room ○Multipurpose         |                                                   |
|                   | room ∘Study room ∘Music studio              |                                                   |
| Managers and      | There are resident managers who             | There are two resident managers who               |
| securities        | oversee the management and                  | oversee the management and operation of           |
| 2000.1000         | operation of the building. (8:00AM-         | the building. (8:00AM-7:00PM from Mon. to         |
|                   | 7:00PM, Mon.to Sat.))                       | Sat.)                                             |
|                   | Security guards are on duty in the          | 55,                                               |
|                   | evening (7:00PM-8:00AM from Mon. to         |                                                   |
|                   | Sat.), Sun. and national holidays).         |                                                   |
| Resident          | ,                                           | l<br>hts provide support to study abroad students |
| Assistant (RA)    | and organize social and educational eve     |                                                   |
| , toolotant (IVA) | Only Al-House has special monthly prog      |                                                   |
| Transportation    | 11,860 JPY for a 3-month student            | You don't need a commuter pass because            |
|                   | ·                                           | it's within walking distance.                     |
| expenses          | commuter pass                               |                                                   |
| Website           | https://toyo.749.cc/aihouse/                | https://toyo.749.cc/kokusai/                      |

| Remarks | Upon receiving the acceptance letter | Upon receiving the acceptance letter from     |
|---------|--------------------------------------|-----------------------------------------------|
|         | from Toyo, residents are required to | Toyo, residents are required to sign and      |
|         | sign and submit an agreement on      | submit an agreement on terms of use. Those    |
|         | terms of use. Those who cannot agree | who cannot agree to the terms of use will not |
|         | to the terms of use will not be      | be permitted to move in.                      |
|         | permitted to move in.                |                                               |
|         |                                      | ·With the exception of Toyo students,         |
|         | ·Visitors including family members,  | visitors, including family members, are not   |
|         | are not allowed to enter the room.   | allowed to enter the room.                    |
|         |                                      |                                               |
|         | ·Please check the occupancy guide    | ·Please check the occupancy guide for         |
|         | for more details.                    | more details.                                 |
|         |                                      |                                               |

| Life in Japan       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Meals               | Campus cafeteria: Meals are available for about 580 JPY. The cafeteria is open 10:00 am to 8:00 pm, Monday through Saturday except during the university's long vacation periods and holidays.  There are many supermarkets, convenience stores, and restaurants around Hakusan Campus.                                                                                                                                                                                                                                                                                                |
| Health<br>Insurance | Study abroad students are required by Japanese law to enroll in Japanese National Health Insurance (NHI). The insurance fee is approximately 1,900 JPY per month. With Japanese National Health Insurance, students only have to pay 30% of the medical costs when they go to see doctors. More details about the insurance are provided during orientation sessions to be held upon your arrival. You will apply for NHI during orientation. In addition, we strongly recommend you to make arrangements for voluntary travel insurance in your home country that covers emergencies. |
| Student ID card     | Toyo University issues study abroad students a student ID card, which is used to access Toyo University's libraries and PC rooms. This card also allows students to obtain discounts for travel fares, museum entrance fees, theater fees, etc.                                                                                                                                                                                                                                                                                                                                        |
| Bank account        | Study abroad students can open a bank account with a Japanese bank after they arrive in Japan. It takes about two weeks to open a bank account. Remittances from overseas to Japan usually take approximately one week to 10 days. We strongly recommend bringing a credit card which can be used in Japan. You cannot apply for a Japanese credit card until 6 months after you have registered as a resident.                                                                                                                                                                        |
| Part-time<br>work   | As a study abroad student, it is possible to get a part-time job and work up to 28 hours per week. To do so, you must acquire Permission to Engage in Activity Other than that Permitted under the Status of Residence Previously Granted. You may get this Permission at the airport upon arrival or by going to the Regional Immigration Bureau. *The income of a part-time job is not enough to cover all the rent, food and other expenses while studying abroad. Make sure you have other ways to cover the expenses of studying abroad.                                          |

| Living Expenses |                 |
|-----------------|-----------------|
| Living          | [For one month] |

# expenses (Excluding housing)

Meals (approximately 50,000 JPY∼)

\*Residence in the Al-House HUB-4 includes breakfast and dinner on weekdays except during long vacation periods. Beyond that, you should budget approximately 30,000 JPY for meals.

National Health Insurance fees (1,900 JPY~)

SIM card or phone bill (3,000JPY~)

Other such as transportation fee (5,000JPY~)

\*If you include commuter pass, you will need more than 10,000JPY~

# [For semester]

Textbooks and reference books (20,000 JPY∼)

Since Japan is still primarily a cash-based society, there are many cases where credit cards are not accepted. Study abroad students are recommended to have at least 150,000 to 200,000 JPY in cash for their first two months.

\*If you live in the AI-House or I-House, you will need to pay your March and April accommodation and bedding rental fees in March by cash.

#### Visa Procedure

Study abroad students are required to obtain a Certificate of Eligibility (COE) and a visa for entering Japan.

• [Certificate of Eligibility] An email about the application for Certificate of Eligibility (COE) will be sent to the address you provided at the time of application from PUGS (Toyo University's COE Application System) via <a href="mailto:noreply-pugs@tugs.co.jp">noreply-pugs@tugs.co.jp</a> After you submit your completed application for COE through PUGS, the Toyo University Support Office for COE and Status of Residence (TUGS Office) will apply for your COE to the relevant immigration bureau. Once the COE has been issued, they will upload it to PUGS.

Please note that the COE application screening process usually takes 2 to 3 months. Once you receive the email, please follow the instructions and complete the required procedures as soon as possible.

.• [Visa] A visa should be obtained in a Japanese diplomatic office in your home country.

For details, please check the link below.

https://www.toyo.ac.jp/academics/international-exchange/enroll/immigration\_visa/pre-enrollment/

| nttps://www.toyo. | toyo.ac.jp/academics/international-exchange/enroll/immigration_visa/pre-enrolliment/                                |  |  |  |
|-------------------|---------------------------------------------------------------------------------------------------------------------|--|--|--|
| Certificate of    | You need to present your COE when you apply for a visa at a Japanese diplomatic                                     |  |  |  |
| Eligibility       | office in your country. The COE also has to be submitted to the immigration officer                                 |  |  |  |
| (COE)             | when you receive landing screening at the port of entry so please print your COE                                    |  |  |  |
|                   | and bring it with you. The COE becomes invalid unless you apply for landing (entry                                  |  |  |  |
|                   | into Japan) within three months of its issuance.                                                                    |  |  |  |
|                   | * The Certificate of Eligibility verifies, at the time of landing screening, that the activity in which a foreigner |  |  |  |
|                   | wishes to engage in Japan is not false and that the activity matches landing qualifications such as being an        |  |  |  |
|                   | activity stipulated by a relevant status of residence under the immigration law (except the status of residence     |  |  |  |
|                   | for short-time [three months] visitors). This document is issued by a regional immigration bureau under the         |  |  |  |
|                   | jurisdiction of the Ministry of Justice to foreign nationals in advance of their arrival in Japan.                  |  |  |  |
| Financial         | In order to obtain the COE, you are required to submit proof (in the form of bank                                   |  |  |  |

| Supporting | statements, certificates of scholarships, etc.) that you can support yourself financially                           |
|------------|---------------------------------------------------------------------------------------------------------------------|
| Documents  | with the equivalent of 150,000 JPY per month for your study period.                                                 |
| Visa       | A visa is issued at a Japanese diplomatic office in your country. You are expected to                               |
|            | enter Japan within three months of the issuance of the visa. The visa you will obtain                               |
|            | is valid either for one year or 6 months, allowing you to enter Japan multiple times                                |
|            | during your stay.                                                                                                   |
|            | * A visa signifies the judgment that a foreigner wishing to enter Japan has been deemed suitable to enter and       |
|            | stay in Japan. Please be aware that a visa does not guarantee the permission of entry (stay), but is deemed as      |
|            | one of the requirements for landing application at the port of entry (airport/seaport). As in many countries, Japan |
|            | has a system in which a foreigner wishing to enter Japan is required to have permission from immigration offices,   |
|            | i.e. the said Certificate of Eligibility, in addition to a visa.                                                    |

# Visa application procedure

[Necessary items for visa application procedure]

- Visa application form (available at a Japanese diplomatic office in your home country)
- Valid passport
- Two photos (size: 45 x 45 mm, taken within six months of the date of visa application.)
- Certificate of Eligibility
- Letter of Acceptance issued by Toyo University (photocopy)

Information regarding visa/residing in Japan Please check the latest information.

http://www.mofa.go.jp/mofaj/toko/visa/

# Designated Date of Your Arrival in Japan

Study abroad students are informed of the designated date of arrival in Japan when they receive their letter of acceptance. It is not permissible to use the dormitories before the designated date or to be absent from any orientation session due to late arrival in Japan. Please come to Japan by the designated dates even if you do not plan to reside in one of Toyo's dormitories.

[Tentative arrival dates] March 23, 24, 25 and 26, 2026.

#### Orientation

All important information on living and studying in Japan will be provided in detail during orientation. The orientation will cover student registration, issuance of an academic transcript, procedures to be completed at the immigration office and ward office, National Health Insurance, how to open a bank account in Japan, housing, and student life on and off campus. Study abroad students are required to attend the orientation.

# **♦**Point of contact

[Regarding your exchange program]

International Affairs Office, Toyo University: 5-28-20 Hakusan, Bunkyo-ku, Tokyo 112-8606 E-mail:mlies@toyo.jp

\* In principle, all inquiries after application should be made through the Toyo University Study Abroad Registration System, not by email.

# [Regarding your COE, PUGS System and Visa]

Toyo University Support Office for COE and Status of Residence (TUGS Office) E-mail: toyo-pugs@tugs.co.jp

\* In principle, all inquiries after application should be made through the PUGS (Toyo University's Certificate of Eligibility Application System), not by email.